

The following information is meant to be a guide in preparing Georgie Meatloaf. This is our recipe that will make 96 slices or 8 baking pans of the meatloaf. You can downsize our proportions to suit your situation.

You can be creative and use seasonal ingredients that are approved for dogs. If you are not sure, check on the internet to find out which are dangerous to dogs and which are best and safe.

We start with two very large stainless bowls. One is for the meat and the other for everything else.

Once we mix both bowls we combine them.

The Meat

We use Butterball Ground Turkey that we purchase at Costco. It comes in a package that weighs 7 pounds and we use two of these.

Ground Butterball Turkey - 14 pounds

Chopped Meat (Beef) - 2-3 pounds to give it more flavor and some fat, turkey is very lean.

Vegetables - Seasonal - Frozen or Fresh

1 Cup Green Peas

10 Oz. Celery

10 Oz. Fresh String Beans - cut off tips

10 Oz. Carrots, peeled

14 Oz. Green and or Red Peppers

11 Oz. Broccoli Heads

20 Oz. - 1 - Large Sweet Potato or Yam Peeled

9 Oz. Yellow or Green Zucchini

15 Oz. Peeled Beets (I used two)

9 Oz. Red Cabbage - can use green too. Healthy but might produce some gas :-)

18 Oz. Red Apples (2 large ones, remove seeds of course, can use skin)

Other Ingredients

6 Large Eggs w/Shells that will add calcium. Save your egg shells for added calcium and use those as well. Grind up in Cusinart

2 Cups of uncooked Oatmeal, will help absorb some of the liquid from the fruits and veggies.

Options:

2 Cups of Cooked..White rice. Plain white rice can sometimes make your dog feel better when they are having stomach problems.

Pears

Some Seasonal Options

Asparagus

Brussel Sprouts

Spinach

Please check on the internet before adding any ingredients to be sure they are beneficial or harmful. Here are two websites that offer some advice. There are many more.

Ref: <https://www.puppyup.org/15-healthy-human-foods-that-are-also-beneficial-to-dogs/>

Harmful to dogs

<https://www.aspc.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets?>

There are Other Fruits and Vegetables Good For Dogs, do some research to find out which is best for the meatloaf and which is good for their dessert.

Healthy Fruit for Your Dog, a Nice Treat.

Cantaloupe, Bananas, Blueberries, Strawberries, Watermelon, Oranges in moderation, Cranberries.

Add Bone Meal for dogs too, either in the meatloaf or added directly to the food you serve. See package directions for the amount needed for your dog.

We use Upco Bone Meal Steamed Bag Supplement, 1-Pound, \$12.10 on Amazon.com.

All natural, easy to use supplement!

Promotes proper development of offspring and proper bone growth in growing animals

Growing animals require calcium and phosphorous for proper development of bones, teeth and tissue